

SQUAT RACK

HSR30



BUILD A STRONG FOUNDATION FOR FITNESS

Tone and build the muscles of your lower body by bringing our versatile squat rack to your home. Space-efficient design makes it easy to fit into your home exercise space, while premium materials stand up to tough workouts for years. You can even use our squat rack with our @Zone app for a guided experience carefully crafted by professional coaches to help you achieve your transformative fitness goals.



21 Positions

LIFT SAFELY, PROGRESS SURELY

Push your limits without compromise. Our Squat Rack includes safety spotter arms for added security, giving you the confidence to go further with every set.

PRECISION AT EVERY LIFT

Customize your lifting experience with 21 adjustable height positions. Designed to accommodate standard Olympic bars, our Squat Rack ensures perfect alignment for every rep.



FEATURES	
Model	HSR30
Frame Construction	60 x 2.0T Square Tube
Frame Color	Matt Black
Pad Color	21 Positions
Backrest Adjustment	Highest: 153 cm / 60" Lowest: 53 cm / 21"
Seat Adjustment	107 cm / 42"
Transportation Wheels	119 cm / 47"

TECH SPECS	
Assembled Dimensions (L x W x H)	111 x 127 x 153 cm / 44" x 50" x 68"
Product Weight	44 kg / 97 lbs.
Max User Weight	120 kg / 264 lbs.
Max Training Load	160 kg / 352 lbs.
Accessories	J-Hook x 1 pair, Safty Arms (M) x 1 pair