





SERIOUS STRENGTH TRAINING FOR YOUR SPACE

Enhance your major muscle groups in the comfort of your own home with a half rack that lets you take on squats, bench press, shoulder press, deadlifts and bodyweight exercises. Space-efficient design makes it easy to fit into your home exercise space, while premium materials stand up to tough workouts for years. You can even use our half rack with our @Zone app for a guided experience carefully crafted by professional coaches to help you achieve your transformative fitness goals.



ALL-IN-ONE TRAINING STATION

Push your limits without compromise. Our Squat Rack includes safety spotter arms for added security, giving you the confidence to go further with every set.





FEATURES	
Model	HHR50
Frame Construction	60 x 2.0T Square Tube
Frame Color	Matt Black
Pad Color	25 Positions
Backrest Adjustment	Highest: 173 cm / 68" Lowest: 53 cm / 21"
Seat Adjustment	107 cm / 42"
Transportation Wheels	119 cm / 47"

TECH SPECS	
Assembled Dimensions (L x W x H)	110 x 149 x 213 cm / 44" x 59" x 84"
Product Weight	60 kg / 132 lbs.
Max User Weight	120 kg / 264 lbs.
Max Training Load	Pull-up & Bar-dip: 120 kg / 264 lbs. Overall: 160 kg / 352 lbs.
Accessories	J-Hook x 1 pair, Safty Arms (M) x 1 pair