

ADJUSTABLE BENCH

HBN50



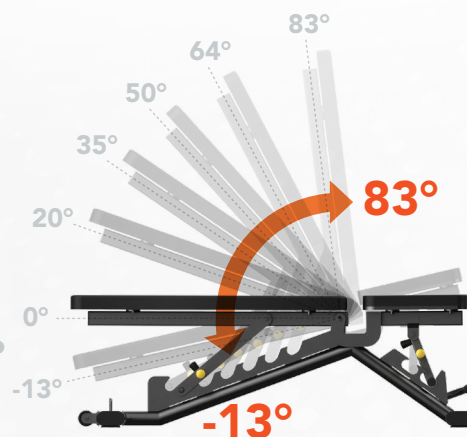
ADJUSTABLE TO YOUR GOALS

Redefine and enhance your upper body with the support, stability and versatility of a bench that easily adjusts to target the muscles that matter most to you. Space-efficient design makes it easy to fit into your home exercise space, while premium materials stand up to tough workouts for years. You can even use our adjustable bench with our @Zone app for a guided experience carefully crafted by professional coaches to help you achieve your transformative fitness goals.



FLEX POSITIONS, MAX GAINS

Transform your workout with the HBN50's versatile seat settings. With 2 seat and 7 back pad adjustments from decline to incline, unlock endless possibilities in strength training.



SECURE YOUR STRENGTH

Experience enhanced comfort and stability. The HBN50's oversized pads ensure secure support, keeping you focused on training, not slipping.

FLEX YOUR WAY

Enhance your workouts with the HBN50's built-in band pegs. Tailor resistance levels to your training needs for diverse and dynamic exercises, boosting both strength and flexibility.

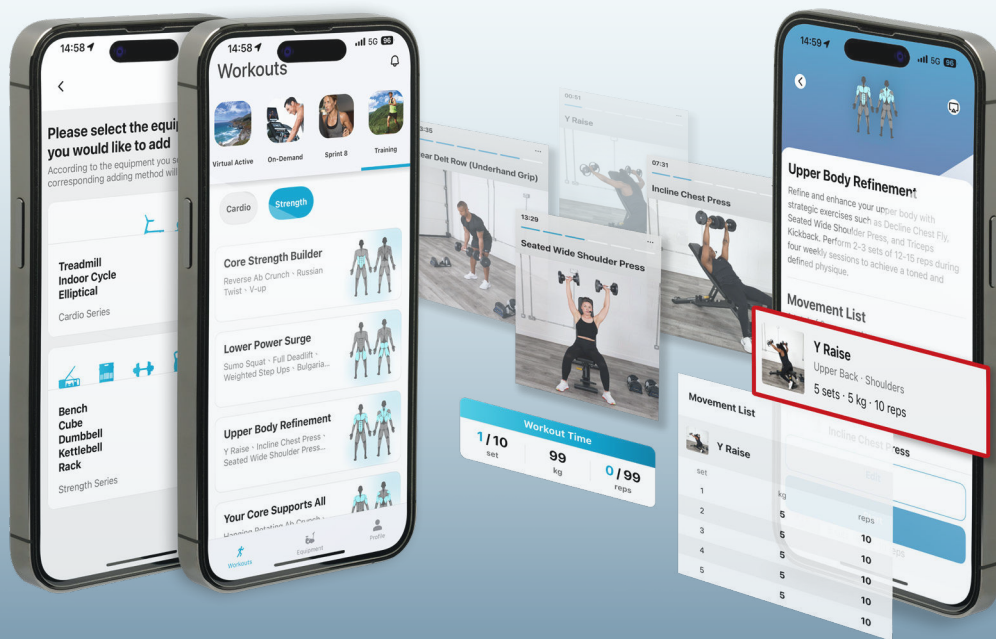


MOVE IT, STORE IT, SIMPLY

The HBN50 features integrated wheels, making it a breeze to move and store. Enjoy seamless transitions from workout to storage with no hassle.

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@ZONE

CUSTOM FIT, EXPERTLY GUIDED

Advance your strength training with atZone's program, suited for all fitness levels. Over 200 exercises, expertly guided, ensure you build skills quickly and see measurable results, regardless of your experience.



FEATURES	
Model	HBN50
Frame Construction	100 x 50 mm x 1.8T Oval Tubing
Frame Color	Matt Black
Pad Color	Black
Backrest Adjustment	7 Positions (-13°/0°/20°/35°/50°/64°/83°)
Seat Adjustment	2 Positions (0°/13°)
Transportation Wheels	Yes
Folding feature	N/A
Exercise Mode	Flat, Incline and Decline

TECH SPECS	
Assembled Dimensions (L x W x H)	138 x 71 x 129 cm / 54" x 28" x 51"
Product Weight	25 kg / 55 lbs.
Max User Weight	120 kg / 264 lbs.
Max Training Load	160 kg / 352 lbs.